

Once-daily 40 mg* Capsules

ORacea[®]

(doxycycline, USP) 30 mg immediate release &
10 mg delayed release beads
(OR-AY-SHA)

Oracea is an oral therapy for the treatment
of only the inflammatory lesions of rosacea

GENTLE SKIN CARE

Simple changes can help keep flare-ups at bay

Skin care can also help with rosacea management, along with treatment and trigger avoidance. You may need to experiment to find products that work well for your skin, but keep one thing at the top of your mind: be gentle. A dermatologist can recommend mild skin care products if you need help.

General things to avoid:



- Cleansers with harsh soaps or alcohol
- Rough washcloths, brushes or sponges
- Exposure to direct sunlight on the face
- Waterproof cosmetics or heavy foundations that require remover, which may irritate your skin

Healthy habits to practice:



- Use fragrance-free products—they have less potential for irritating skin
- Blot skin dry with a soft cotton towel after washing
- Use a broad-spectrum facial sunscreen daily
- Green-tinted makeup may help counter the redness of rosacea. Follow with a skin-tone foundation with natural hues while avoiding ones with pink or orange undertones

